



Editors Note

United Hospital has once again taken the initiative to bring out a quarterly publication, which in this case is called 'reflection'. Many of you may recall that we had taken a similar initiative during the early days of our journey but we were unable to continue as we did not get enough contributions. We have started the work again because we feel that United Hospital needs to have a forum where all the great and small happenings taking place needs to be communicated to all our staff. Information about the honours and contributions of our staff in different fields in different forms needs to be disseminated. We also look forward to contributions from all of you so that we can continue to bring out this newsletter.

It is our intention that the Newsletter will have clinical and non-clinical information that will reflect the varied activities of our staff and our hospital. This newsletter includes brief information on Hospital CMEs, progress of our Nursing College, seminars that we have held in different Medical Colleges and cities, celebrations, awards that have been given to our staff and other social/ professional activities etc.

We are conscious of the importance of education in institutions like ours. The Newsletter includes extracts of papers that our doctors and others have written, as well as the presentations made in CMEs. We all know the importance of publications to further ones career and we wish to provide our doctors a platform where they can start the process by writing and submitting short articles on subjects of their choice and interest. We request everybody to send us their contribution & comments and communicate with us through email at 'news.letter@uhlbd.com'.

Orientation Program of United College of Nursing Post-Basic Course



United College of Nursing (UCN) which became fully operational in January 2012 with the admission of 26 students in the 4 year BSc Nursing course also got permission to admit 20 students in the 2 year Post Basic BSc Nursing course in January 2013.

The orientation programme of the 1st batch of the Post Basic BSc students, held on 30th January 2013, was inaugurated by Mr. Faridur Rahman Khan, Chairman of UCN in presence of Mrs. Momtaz Khanam, Principal of UCN, Mr. Najmul Hasan, CEO and Dr Salahuddin Ahmed, DAS both

of United Hospital. The students include senior staff nurses from United Hospital as well as nurses from BIRDEM, Shahabuddin Medical College & Hospital and DAB Cardiac.

The orientation classes of the second batch of the BSc Nursing course commenced on 25 March 2013 with 30 students, 15 males and 15 females. It is noteworthy that the students of the 4 year BSc Nursing course are not required to pay any tuition fee, upfront, and are also provided accommodation in hostel free of charge.

News Flash

April saw one of the most tragic disaster in recent years in Bangladesh. Hundreds of lives were lost and large number of people were wounded and permanently disabled in the Savar building collapse. Our prayers and sympathies goes out to the families who are affected by the incident.

United Hospital in its own small way

extended its support on two days by sending a team of doctors and nurses with medical supplies an ambulance to the accident site. In this connection special mention should be made of Md. Nurul Islam Farazee, Medical Secretary and Hasan Tarek, Staff Nurse who spent almost four days, pro-actively on their own, helping to rescue the trapped dead bodies & survivors from the rubble.

Continuing Medical Education- Participation with Enthusiasm

United Hospital has been holding Hospital Monthly CME's every month based on the academic calendar of the year. In January the Medicine Department presented a case study titled "A patient with fever Quadreplegia". The presenters included Dr. Zeenat Sultana & Dr Nazmul Kabir Qureshi, both Specialists of Internal Medicine Department. In February, Senior House Officers Dr Shamira Nusrat & Dr

Ahmed Tanvir Hasan from General Surgery Department presented a case titled "A case of Acute Abdominal Pain", while in March Obstetrics and Gynaecology Senior House Officers, Dr Raina Rahman & Dr Poly Ahmed presented a case under the topic "Polycystic Ovarian Disease".

Each of the presentation was followed by a



very interesting Question & Answer session. Consultants, Specialists and Senior House Officers of different departments attended the program. These CMEs are in addition to Departmental CMEs that are held on a weekly basis by different departments of United Hospital.



United Hospital Celebrates World Cancer Day 2013

United Hospital observed the World Cancer Day on 4th February 2013 with various day long programs to raise awareness of cancer and to encourage its prevention, early detection & treatment. The slogan of the Day was “Dispel Damaging Myths and Misconceptions about Cancer”. The program started with cancer awareness rally in the morning in Gulshan, setting up of an information dissemination booth at Hospital lobby and answering queries from general people. A special cancer check-up package was introduced for a month and also special discount on PET CT charges were announced. A seminar was also held where Cancer Survivors' participated to Celebrate Life.

In addition, United Hospital sponsored a Round Table Discussion on “Cancer Treatment in Bangladesh – It’s present status” at the office of The Daily Kaler Kontho attended by eminent Doctors, Journalists, Academicians & other Experts. Radio endorsements were also sponsored to build awareness on Cancer amongst general mass highlighting the different modes of cancer treatment including radiotherapy, chemotherapy and surgery, specially if the disease is detected early.

World Kidney Day 2013 Observed at United Hospital



On the occasion of World Kidney Day on 14th March 2013 United Hospital observed the day by taking up different activities. The day long programme included an awareness rally in Gulshan attended by nurses, doctors and other support staff of the Hospital, a scientific seminar, talk show on television & other related activities to raise awareness of the importance of our kidneys to our overall health and to reduce the frequency and impact of kidney disease and its associated health problems amongst the general people and particularly the patients who visit the hospital on a regular basis.

Internationally the theme of the day this year was “Kidney’s for Life - Stop Acute Kidney Injury”. Colourful banners, festoons and posters adorned the hospital to make the issue more visible to the people. The Department of Nephrology organised a seminar on the same topic, which was attended by hospital as well as outside doctors.



Free Medical Camp in Munshiganj

This year United Hospital observed the International Mother Language Day in a different manner. On 21st February 2013 a group of hospital doctors and nurses covering the disciplines of Cardiology, Medicine, Nephrology, Neonatology and Gynecology Departments attended a free medical camp at Yunus Khan-Mahmuda Memorial Health Complex at Lohojong, Munshiganj. The free medical camp was organised by Mr Faridur Rahman Khan, Managing Director, United Hospital. Special discounts were also given on pathology investigations to mark the day.

It was a pleasant trip for our doctors and nurses who enjoyed the pollution free fresh air besides the Padma river while attending to the poor patients of the area. A sumptuous lunch was organised for the whole team.

Medical Campaign at Sylhet Information Centre

On Thursday 17 January, 2013 a Medical Campaign was held at Sylhet Information Centre of United Hospital. A Large number of patients came to consult Dr. Syed Sayed Ahmed, Consultant & Director, Neuro Centre.

Polycystic Ovary Syndrome- A Common Endocrine Disorder

Dr Polly Ahmed, Dr Raina Rahman, Dr Nusrat Zaman, Dr Naseem Mahmud, Dr Afsari Ahmed

Polycystic ovary syndrome (PCOS) is the most common endocrine disorder in women of reproductive age. The clinical features of the syndrome include menstrual irregularity and fertility problems, excess hair and acne. Women with PCOS are also more likely to be overweight and have an increased risk of metabolic syndrome, type 2 diabetes and cardiovascular disease.

The aetiology of PCOS is unknown, but Insulin resistance with compensatory hyperinsulinaemia is considered a key factor in the development of symptoms. Treatment for PCOS includes diet and lifestyle changes to promote a healthy body mass index (BMI) and reduce hyperinsulinaemia. Specific medications, such as metformin are used to manage the presenting symptoms; At present there is no complete cure.

CASE 1

A 19 year old unmarried girl presented with irregular menstruation since menarche, excessive weight gain and facial hair. Patient was advised to reduce her weight by diet and exercise & was treated with OCPs & Tab. Metformin (500mg) BD for 3 months & for hirsutism mechanical treatments was advised. After that Patient reported resumption of menstruation, Weight loss- about 10 kg over 6 months and her hirsutism improved.

CASE 2

A 31 year old married lady presented with primary subfertility & oligomenorrhea. Her USG revealed bilateral enlargement with multiple cystic areas on both ovaries. She was counseled about timed intercourse & treated with Tab. Letrozole, Tab. Metformin, and Inj.

Gonal F & Inj. Pregnyl was given on D12 and laparoscopic ovarian drilling was done. Patient became pregnant thereafter.

Arm length may determine early need for reading glasses:



Women tend to use reading glasses earlier than men, and a new study suggests the reason may be arm length. Women may appear to develop presbyopia - the loss of near vision that occurs with age- earlier than men, but they have as much focusing power in their eyes as men, if not more, says study author Adam Hickenbotham. He suggests that the gender difference occurs because men have longer arms and hold their reading material further away.

British High Commission Doctors Visit United Hospital



Dr. John Llewellyn, Senior Doctor of Foreign Commonwealth Office London with other team members from the British High Commission Clinic 'Elizabeth House' visited United Hospital on 5th January 2013. Patients are referred regularly to our hospital from the Elizabeth House and we have developed a very good working relationship with them. The visitors were welcomed by Dr Abu Sayeed M M Rahman, DCDG, Mr. Syed Ashraf-ul-Masum. Asst. In-Charge, Marketing Department and Clinical Coordinator Dr. Rishad Choudhury Robin.

United Maritime Academy Cadets Visit United Hospital



Cadets of United Maritime Academy visited United Hospital on 16th March, 2013 to undergo and complete a mandatory practical training on 'First Aid'. United Hospital Nurses and the Faculty Members of United College of Nursing gave demonstration on different aspects of essential techniques covering Patient Transfer from Bed to Stretcher, Basic Life Support, First Aid, Bandage and providing Oxygen through nasal cannula and face mask to patients. A total of 22 cadets, accompanied by their teacher, visited the hospital for the day long programme.

Health Fair at US Embassy



United Hospital participated in the Health Fair at U.S. Embassy, Dhaka on 26th February, 2013 where American & Bangladeshi employees of Embassy of United States, Dhaka, took consultation from Dr. Mahboob Rahman Khan, Family Physician and Ms. Chowdhury Tasneem Hasin, In-charge, Dietetics & Nutrition of United Hospital. As a continuation of our close relationship with them, Dr. Gabriel Reyers Regional Medical Officer, U.S. Embassy, based in Singapore visited United Hospital on 27th March 2013

Guillain-Barre Syndrome Following Dengue Fever in Adult Patient

Dr Zeenat Sultana, Dr Nazmul Kabir Qureshi, Dr Afsana Begum, Dr Pradip Ranjan Saha, Dr Nazmul Islam, Dr Md Iqbal Hossain

Guillain-Barre syndrome is a post infectious ascending, usually demyelinating polyradiculoneuropathy. Dengue fever as an antecedent infection in GBS is uncommon. A 39 year old female came to the Medicine Department of United Hospital with acute flaccid weakness of both upper and lower limbs which developed in ascending and progressive fashion following a febrile illness of

three days. During work-up IgM for dengue virus was found positive. Diagnosis of Guillain-Barre syndrome was made based on neurological manifestations, the typical CSF findings and pattern of electrophysiological study and exclusion of other pathologies. Patient was treated with intravenous immunoglobulins and was given supportive care. During the course of

illness, she developed lower motor neuron type trigeminal, facial, glossopharyngeal, vagus and hypoglossal nerve palsy and autonomic involvement. About 20% of GBS patients remain severely disabled and 5% die despite immunotherapy. This particular patient had significant recovery and was able to talk, eat and walk six weeks later.

Corporate Health Care Agreement



Sunshine Education Group (SEG)

A corporate health care agreement was signed between Sunshine Education Group (SEG) and United Hospital on 2nd March 2013 to provide medicare facilities to the students and the staff members of the institution including their dependents. The agreement was signed by Ms. Safia Ghazi Rahman, Founder & Chairman Sunshine Education Group (SEG) and Dr. Dabir Uddin Ahmed, Director, Clinical Operations of United Hospital.

Independent Television

A corporate health care agreement was signed between Independent Television and United Hospital to provide medicare facilities to the staff members of the former and their dependents.

Mr. Asif Ahmed, Chief Marketing Officer of Independent Television and Dr. Dabir Uddin Ahmed, Director, Clinical Operations of United Hospital signed the agreement.

Health Awareness Session on Cancer for Li & Fung

United Hospital organized a cancer awareness session for the staff members of Li & Fung a renowned garments buying house in the country at their Uttara premises, on 27th February, 2013 as part of World Cancer Day programme.

Dr. Ashim Sengupta, Junior Consultant, of United Hospital informed the audience about cancer disease, its causes, symptoms & steps to prevent cancer. He also informed the participants about the latest diagnosis and treatment facilities of cancer available at United Hospital.

Before ending the programme there was an interesting question answer session. Mr. Roger Hubert, Vice President-OSG thanked United Hospital for successfully organizing this important information session. Over 100 staff members of Li & Fung attended the information session.

R & R Aviation Officials Visit United Hospital

A delegation from R & R Aviation comprising of four members led by Mr. Suphachai Watcharakate, Director Flight Operation of R & R Aviation came to United Hospital to discuss about the air ambulance facilities of R & R Aviation on 10th January 2013.



Scientific Seminar on Recent Advances in Cardiology and Oncology at Munshiganj General Hospital



United Hospital organized a Scientific Seminar on “Recent Advances in Cardiology and Oncology” at the General Hospital Auditorium, Munshiganj on 23rd January 2013. The programme was chaired by Dr Md. Akhter Hossain, President, Bangladesh Medical Association, Munshiganj. Dr Banadip Lal Das, Civil Surgeon, Munshiganj and Dr Md. Ehsanul Karim, RMO, General Hospital, Munshiganj were present as Chief Guest and Special Guest, respectively.

Dr AM Shafique, Associate Consultant, Department of Cardiology, United Hospital made a presentation on “Recent Advancement in Coronary Artery Disease in Bangladesh”; while Dr Ashim Kumar Sengupta, gave a presentation on “Oncology Management: The Present Status”. Both presentations highlighted the current scenario in Bangladesh and the advances that have taken place worldwide. In addition they also informed the audience about the facilities available at United Hospital.

Scientific Seminar in Mymensingh Medical College on Recent Advances in Cardiology, Oncology & Nephrology



A Scientific Seminar was organised by United Hospital on Recent Advances in Cardiology, Oncology & Nephrology on 12th March, 2013 at the Auditorium of Mymensingh Medical College & Hospital.

Prof Shawkat Ali, Head of the department of Gastroenterology attended as Chairman while Brig Gen Md. Fashiur Rahman, Director, Mymensingh Medical College & Hospital was the Chief Guest of the Seminar. Dr AFM Rafiqul Alam, President, Bangladesh Medical Association, Mymensingh, Dr Md. Matiur Rahman Bhuiyan, General Secretary, Bangladesh Medical Association, Mymensingh were also present as Special Guest and Prof (Dr) Sankar Narayan Das, Professor & Head of Medicine, Mymensingh Medical College & Hospital, Dr M Saiful Bari, Associate Professor & Head of Cardiology, Dr M Shafiul Alam, Associate Professor & Head of Radiotherapy of Mymensingh Medical College & Hospital were present as Guest of Honor.

Prof Dr Santanu Chaudhuri, Consultant, Clinical Oncology & Director Oncology Centre, Prof Nurul Islam, Consultant, Department of Nephrology & Dr A.M. Shafique, Associate Consultant, Department of Cardiology of United Hospital were the key presenters at the Seminar. The team exchanged views and apprised the audience of recent developments and additions to the services that United Hospital was providing. The seminar was attended by about 300 doctors and interns. The presentation was followed by a lively question and answer session.

Effectiveness of Counselling on Psychological Issues among Cancer Patients in United Hospital

Kazi Rumana Haque, Runa Begum, Akhter Banu, Dr Ashim Kumar Sengupta, Dr Rashid Un Nabi, Dr Ferdous Shahriar Sayed, Prof Dr Santanu Chaudhuri

The prevalence of major psychological issues in cancer patients is increasing with higher levels of physical disability advanced illness and pain. The study was planned to assess the level of depression, anxiety, hopelessness, stress and anger among the cancer patients, to evaluate the effectiveness of counseling on psychological issues and to compare the level of depression, anxiety, hopelessness, stress and anger with their selected socio demo-

graphic variables. Cancer patients were also assessed for the level of depression, anxiety, hopelessness, stress and anger on first day of the counseling session to four days with 30 to 45 minutes each. The post tests were carried out on 5th day by using the Zung Self Rating Depression Scale, Hopelessness Scale, Perceived Stress Scale and Clinical Anger Scale. Statistically significant decrease in depression, anxiety, hopelessness, stress,

and anger level was found. Significant association was found with age and type of cancer and the level of depression, anxiety, hopelessness, stress and anger. Our results indicate that the effects of counselling helps to cope with the psychological issues. It is essential to raise the awareness and change the attitude and behavior amongst the health care professionals to tackle the psychological issues.

Role of Cardiac Rehabilitation Program on quality of life of patient after Cardiac Surgery

Bijoy Das

The objective of the study was to determine the Role of Cardiac Rehabilitation Program on quality of life of patient after Cardiac Surgery.

This was a Quasi Experimental study. The sample size was 30. Sample was selected from United Hospital. A questionnaire was used for data collection. Data was collected twice from every participant; before application of CRP and after application of CRP. For data

analysis SPSS v17 was used.

Among all variables two variables were quantitative, one was pain status and another one was Respirometer status. From the test it was found that pain status improved significantly (p value 0.0001) in post test after receiving CRP. In case of Respirometer volume, the change was also statistically significant (p value 0.0001). Other functional variables like, the patient's ability to

stand & balance. Patient's ability of actively walk, ability of actively change position in the bed, ability to climb stair, grossly improved after test. By Chi Square test it was found that females showed less improvement than male patients. In conclusion it can be said that CRP plays a positive impact on the quality of life of patient after cardiac surgery.

Training & Workshop

- Mr. Syed Ashraf-ul-Masum, Assistant In-Charge, Marketing Department attended a training program on "Mastering Strategic Selling Through Relationship Management" on 8th February 2013.

- Mr. Syed Moniruzzaman, In-Charge, Customer Relations Department attended a training program on "Secrets of Personal and Interpersonal Leadership" on 8th February 2013.

- Major (Retd) Md Moinul Hossain - Manager Admin and Security and Dr. Rishad Choudhury Robin - Clinical Coordinator attended a training program on "Hospital Based Management of Mass Casualty Incidents" arranged by U.S. Department of State Anti-Terrorism Assistance (ATA) at Police Staff College, Dhaka from 3rd March to 7th March 2013.

- Dr. Abu Mohammad Shafique - Associated Consultant, Dr. Muhammad Sohel Rana James - Specialist, Dr. Tarik Bin Rashid - Specialist of Department of Cardiology attended a workshop on "Complex PCI" at Medtronic Center at Mumbai on 23rd and 24th March 2013.

- Mr. Sheikh Md. Sharif, Engineer, Civil Works Department, Mr. Md. Mizanur Rahman, Maintenance Engineer, HVAC Department, Mr. Nure Alam Jiko, Maintenance Engineer, Electrical Works Department from United Hospital attended Training "Part 1 of 2: Managing Project Calendar, WBS, Gantt Chart and CPM Using MS Project 2010" scheduled on Friday, 1st March 2013, arranged by SKILL100.

Conference on Critical Care Medicine



A Conference on Critical Care Medicine was held recently at Ruposhi Bangla Hotel, arranged by Bangladesh Society of Critical Care Medicine (BSCCM), where eminent doctors from home and abroad attended. Dr Maniruzzaman, Consultant ICU of United Hospital and Treasurer of BSCCM presented a paper on "Management of Head Injury" and received a crest for his presentation.

Conservative Breast Carcinoma Treatment Planning using Simultaneous integrated Boosting (SIB) technique in Radiotherapy

Md Faruk Hossain, M Anisuzzaman Bhuiyan, Dr Asim Kumar Sengupta, Dr Rashid Un Nabi, Dr Ferdous Shahriar Sayed, Prof Dr Santanu Chaudhuri

To deliver different prescription dose to different delineated targets within same number of fractions in the supine position using the Simultaneous Integrated Boosting (SIB) Technique in radiotherapy.

Planning Target Volumes (PTV) received mean dose of 46.615 Grays while Boost Clinical Target Volume

(CTV_Boost) Mean Dose of 53.078 Gray. Organ at Risk (OAR) structures like same sided lung received a mean dose of 25 Gy, opposite lung received mean dose of 2.35 Gy and V20 of Total Lung Subtracted PTV received 27%. Heart received a mean dose of 20 Gy and the opposite Breast received a mean dose of 03 Gy. Spinal Cord received a maximum dose of 11.34 Gy.

This approach of delivering simultaneous integrated boost using Rapidarc technique was found very effective in delivering high dose to CTV boost volume while limiting the dose to organ at risk (OAR) within the tolerance level. The Rapidarc technique reduces time required for planning, reproducibility is easy and moreover electron boost is also not required.

A Case of Acute Bowel Ischemia

Dr Shamira Nusrat

A 36 year old female was admitted in United Hospital on 9th September 2012 with severe upper abdominal pain associated with several episodes of vomiting. Later on her pain shifted to right lower abdomen and became more intense. The consultant surgeon exam-

ined the patient and suspected that it may be a case of acute appendicitis and he advised emergency appendectomy. During operation it was found that this was not a case of appendicitis, rather it was a case of bowel ischemia which meant that a part of her small bowel was being deprived of blood supply. About 60 cm of her small bowel was removed as it was not viable and healthy parts of bowel were joined together. After operation, patient recov-

ered well. Gradually oral feeding started and she was discharged with advice on 10th post operative day. She was reviewed at OPD after two weeks and was found absolutely healthy. This disease is a very rare and accounts for approximately 0.1% of hospital admission. Even in best of hands and with proper treatment the mortality rate is 50%-80%. This was the second such case in United Hospitals' short history of six years.

Nature's super stress soothers:

To help boost your mood and protect your body, try these four tasty tension tamers.

Avocados:

This tempting green fruit is loaded with two powerful stress fighters: potassium and monounsaturated fatty acids (MUFAs).

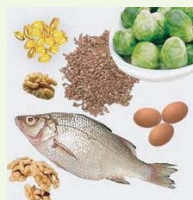


Both can lower blood pressure. Those who ate more of these are less likely to be depressed. Researchers think the fats may improve how the brain absorbs mood-boosting serotonin.

Fish:

To keep stress in check add omega-3 fatty acids to your diet. These essential fats may help moderate stress hormones and protect against depression.

Get them by eating 85g of fatty fish at least twice a week or a handful of walnuts every day.



Dark chocolate:

In a large German study, those who ate the most dark chocolate over ten years had lower blood pressure than those who ate the least. Another study showed a reduction in a stress hormone in

people who ate dark chocolate often. Alas, it's still high in fat, sugar and calories, so stick to a few small, delicious squares a day.

Black tea:

Research from London suggests drinking black tea may help you recover from nerve-wrecking events quickly. Study participants who drank four cups every day for six weeks had lower levels of the stress hormone cortisol and reported feeling more relaxed after stressful tasks than those who didn't drink tea. Other studies have suggested it can help increase alertness and boost moods.



Case report

Dr Syed Sayed Ahmed and Dr Masum Hayder



On 28th January 13 a boy named Ruhan, 7, was transferred from the Square Hospital to United Hospital in a critical condition due to massive intracerebral haemorrhage. When he was

brought to United Hospital ER his Neurological status was very poor and Glasgow Coma score documented 5/15 (E!V1M3). Pupils bilaterally 2 mm and non-reactive. CT Scan of brain done in the referring hospital demonstrated large right sided parieto-occipital Haematoma with gross midline shift and signs of raised intracranial pressure.



He had a history of sudden onset of headache followed by gradual altera-

tion in consciousness and several episodes of vomiting. Considering his age it was thought that underlying cause of the hemorrhage could be congenital Vascular Malformation which was confirmed immediately by CT Cerebral Angiogram. He underwent right parietal craniotomy, evacuation of ICH and excision of AVM. The nidus of the AVM was actually an aneurysm which was ruptured and caused this massive haemorrhage. The aneurysm was clipped with an aneurysm clip. His postoperative recovery was smooth and discharged on 10th post-operative day. He had follow up in OPD after one month and had no neurological deficit. He is planning to return to school after one month.

Employee of the Month



The 'Employee of the Month' award for the month of January 2013 was given to Ms. Nomita D'Costa, Nursing Aid, OPD. The badge being affixing by Ms. Shabana Khanom, Unit Supervisor of CICU in the presence of the hospital operational committee.



Ms. Krishna Rani Sarker, Unit Supervisor of Cath Lab affixing 'Employee of the Month' badge for the month February, 2013 which was awarded to Ms. Selina Akter, Staff Nurse, Cath Lab.



The Employee of the Month certificate for the month of March 2013 was given to Ms. Jurna, Staff Nurse, 4th Floor by Hospital CEO.



Patient Satisfaction

Mr. Faridur Rahman Khan, Managing Director of United Hospital giving a speech, in presence of recipients of Motivation Awards, given to staff for their outstanding contribution and dedication in carrying out their duties and responsibilities. A total of 65 recipients from different departments of the Hospital were recognised for their work during the last quarter of 2012. The purpose of this programme is to identify staff, who in their own way, have helped the hospital in upkeeping its reputation by providing the level of service that the management is promise bound to give to its patients as well as their attendants.

Inter Department Badminton Tournament



The winners of the tournament were:
Group Ka (under 40): Mr. Sujit Chakraborty & Mr. Sohel Mridha,
Group Kha (40 and 50): Mr. Mohammad Abdul Quayum & Mr. Md. Hafizur Rahman,
Group Ga (above 50): Mr. AKM Alamgir & Mr. Azad and lastly
Female Group: Ms. Salma & Ms. Fouzia.

United Hospital holds an Inter Departmental Badminton Tournament annually. It is one of the occasion when a large number of hospital staff get an opportunity to interact with other fellow employees outside their professional environment. The preliminary knockout matches of this year's tournament started in December 2012 with the participation of 140 players under four groups, representing different departments. The tournament format comprised of four categories. Teams were divided according to their age i.e (i) under 40, (ii) between 40 and 50, and (iii) above 50. In addition we also had an exclusive format for female participants. The tournament lasted over 5 weeks and generated a lot of enthusiasm amongst the participants.

Annual Cultural Programme of NICU



Doctors of Neonatology and Pediatrics' Department arranged an Annual Cultural Programme on 20th January 2013 which was also attended by doctors of Obs & Gynae Department, other senior staff members of Operational Committee.

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